



THE TOOL KIT

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ARE YOU USING GOODWILL?

by Chris Parker, Goodwill Industries

The Reentry By Design Program was developed to help individuals with criminal backgrounds with employment services. Since inception Goodwill's Reentry By Design program has served hundreds of individuals who have felony backgrounds. Of those, 67 individuals have gained and maintained employment. Goodwill's Reentry program provides employment services through job leads and classes to help the participants maintain motivation during the job search. There is course curriculum that helps with various life issues including anger management, critical thinking skills, résumé development, introduction to online job search and job boards, as well as interview preparation and mock interviews.

The success of the Reentry By Design Program is based on the number of referrals from local parole officers and prisons around the state. The participants also add to the success by learning the changes they need to make in their personal and professional life and applying those changes to ensure they are the best candidate for local employers.

The Reentry By Design Program can help individuals who are returning to Jefferson County and who are on parole. The Reentry Program staff realizes that searching for a job on your own is a frustrating and often times futile process, but with Goodwill staff working with the participants the chances for an offender on parole to gain and maintain employment is significantly increased.

If you have an individual leaving your facility or on your caseload in the community that needs assistance with employment services and meets the criteria, have the offender fill out a referral form and fax or email to the following: Fax:(502)585-5230 or Email: chris.parker@goodwillky.org

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Jail-Prison Ministry Conference

The Episcopal Diocese of Lexington is having a Jail-Prison Ministry conference on Saturday, November 19, 2011 at the Episcopal Mission House, 203 East Fourth Street in Lexington, KY 40508.

Speakers will include:

- Reverend Dean Bucalos, Minister, Christian Church Behind the Walls at Luther Lockett
- Dr. Robert Lawson,

Professor, UK Law School (speaking on the new criminal justice law)

- Suzanne Seabold, Executive Director of Prodigal Ministries (speaking about chaplaincy in prison as well as founding reentry programs).

Sign in is 8:30-9:00 am. Registration must be made in advance by calling 859-583-3530 or by e-mailing name, business

or agency, and contact information to billestockton@insightbb.com.

There is no charge and lunch will be provided.



C.H.A.N.G.E.S. PART II by Julie Barber, Psy. D.

The C.H.A.N.G.E.S. Treatment Program was developed and implemented at Kentucky State Reformatory in October 2009, by Julie R. Barber, Psy. D. It was designed to meet the current treatment needs of offenders within the KY Department of Corrections (KY DOC) and includes 3 overarching goals. These include; decrease criminal thinking and criminal behavior, decrease recidivism, and assist offenders with successful reintegration to the community. Core principles taught in the treatment program are also reflected in the program's name. These principles include; **Compassion, Hope, Altruism, Now, Goodwill, Empathy, and Sobriety.**

Last month the newsletter provided background information on the goals and structure to the C.H.A.N.G.E.S. program. During the month of November we learn about the different program levels and additional programmatic components

Program Levels

Orientation: includes a period of adjustment to the therapeutic community and basic orientation to treatment program rules and expectations. Initial Reentry planning begins and an individual treatment plan is completed. Referral to Out-Patient Psychiatric Services (OPS) for review is initiated on an as needed basis. Orientation is a minimum of 2 weeks in duration.

Level 1 (Learning): includes an introduction to the Stages of Change Model, core treatment principles, criminal thinking errors, and the continuum of criminality. A Reentry plan is identified and staff begins structuring this plan based on individual needs and circumstances. Level I is a minimum of 5-weeks in duration.

Level 2 (Proficiency): requires the offender begin the identification of negative patterns of behavior, problem areas, strengths/weaknesses, and the need to make changes to identified negative behaviors. Additional focus is applied to specific criminal thinking errors and the impact on individual decision making. Reentry planning continues, with specific placement options and funding sources identified. Level 2 is a minimum of 5 weeks in duration.

Level 3 (Mastery): continues to build upon core concepts mastered in Level 2 and requires offenders to demonstrate a broad understanding and application of pro-social behaviors. Additionally, offenders are required to complete an Offense Cycle and Life History, with specific details related to criminal behaviors and the resulting impact on victims and the community. Reentry planning continues. Level 3 is a minimum of 5 weeks in duration.

Level 4 (Reentry & Reintegration): requires the completion of an individualized Relapse Prevention Plan, including the identification of specific triggers, further development of healthy coping skills, and additional methods for challenging criminal thinking errors. When indicated, family therapy (in vivo or via telephone) is initiated to assist with further development of a supportive framework. Treatment staff determine an after care plan and reentry planning enters the final phase. Level 4 is a minimum of 5 weeks in duration.

Level 5 (Advanced Application of Treatment Principles): Upon promotion to level 5 within the treatment program, the offender begins a 6 week internship working with inmates in the S.T.A.R. Treatment Program in CPTU. Offenders in the S.T.A.R. Treatment Program are diagnosed with a severe mental illness (e.g. schizophrenia) and often demonstrate cognitive limitations. Level 5 offenders work collaboratively with treatment staff to assist program participants with basic treatment activities. Level 5 offenders are expected to apply core principles mastered throughout participation in the C.H.A.N.G.E.S. Treatment Program and demonstrate pro-social behavior (including empathy and altruism) throughout the internship and in everyday activities. Offenders who successfully complete the treatment program are eligible for 90 days sentence credit.

C.H.A.N.G.E.S continued

Additional Programmatic Components

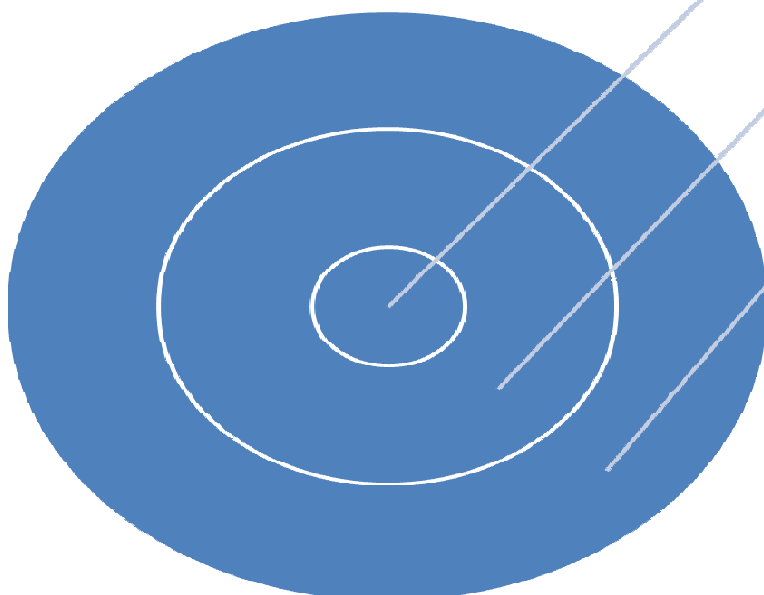
Incentive Canteen

An incentive canteen is an important component of the C.H.A.N.G.E.S. Treatment Program and is used to assist with reinforcement of positive, goal-directed behavior with offenders active in the treatment program. Items available in the incentive canteen are purchased through the Inmate Canteen each month and are used to assist with behavior modification. The primary goal of the incentive canteen is to decrease criminal thinking and behavior by reinforcing pro-social decisions and behaviors. This system of reinforcement assists with the gradual shaping of pro-social behavior throughout participation in the treatment program. Similar systems of reinforcement have been commonly used in institutional settings, psychiatric hospitals, and correctional facilities since the 1950's. Current research suggests that 75-85% of individuals respond to this method of reinforcement and demonstrate positive changes in decision-making abilities and resulting behavior.

Therapeutic Aides

The Therapeutic Aid (TA) position assists with the facilitation of the C.H.A.N.G.E.S. Treatment Program. The position is a paid offender job, with a wage of \$2.00 per day. Five TA's work in the program and assist treatment staff with various tasks, structured activities, and additional treatment components on an as needed basis. Additionally, TA's assist with orientation, attend all treatment groups, assist offenders with required reading and written assignments as needed, model pro-social behavior, assist with graduation ceremonies, and work collaboratively with treatment staff during the daily operating procedures within the treatment program.

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Criteria for the Goodwill
"Reentry By Design Program"



**Must be returning
to Jefferson County**

**LS/CMI has been
administered with a
score of moderate
or high risk**

**Must be referred by
Probation & Parole
or institutional
reentry coordinator**

REMINDER

ID from Kentucky Circuit Court Clerks Office

According to <http://www.lrc.state.ky.us/KRS/186-00/412.PDF> section 8-B the following information is required by the Circuit Court Clerks Office prior to issuing an identification card for offenders:

1. The offender's certificate of birth;
2. A copy of the offender's resident record card and parole certificate or notice of discharge;
3. A photograph of the offender, printed on plastic card or paper; and
4. A standard release letter that shall contain the offender's :
 - a. Full legal name, subject to the information available to the Department of Corrections;
 - b. Discharge/release date;
 - c. Signature;
 - d. Social Security number;
 - e. Date of birth;
 - f. Kentucky address where he or she will reside; and
 - g. Physical description.

The offender shall present these documents to the Circuit Court Clerk within thirty (30) calendar days from the date of the release letter and shall be responsible for paying the fee for the personal identification card or operator's license pursuant to KRS 186.531.

**Offenders returning to Jefferson County that are indigent and
in need of help with payment for identification should go to:*

Division of Drivers Licensing

718 West Main Street

Suite 100

Louisville, KY 40202

Phone: 502-595-4924

HOW CAN LIBRARIES ASSIST WITH REENTRY?

By Donna Slaton, GRCC

Green River's Librarian Donna F. Slaton initiated a proposal to bring the DOC corrections programming focus to the Kentucky Library Association conference training. Ms. Slaton has served as a public librarian and has been with GRCC for over 4 years. The proposal was accepted, and Donna recruited KSR Reentry Coordinator Anna Valentine and Librarian Janice Joslin (KSR/KCIW at program time) to assist. Ms. Valentine and Ms. Joslin discussed how libraries across the state can prepare to serve returning offenders.

A 50-minute workshop was provided to an audience of 15 public, academic and special librarians as part of the Fall 2011 Conference at the Galt House in Louisville. The title and program information included offender reentry programming. Information about the presentation was printed in the conference program and distributed to over 600 information professionals in attendance at the conference. It was also included online in pre-conference program advertising.

The presentation focused on the reentry theme "A Second Chance to Make a First Impression," institutional programs and educational programs such as GED and library use by inmates. In August 2011, 88% of the yard was served and over 1,750 books were checked out at Green River Correctional Complex. Public Librarians were encouraged to contact their local institutions and parole offices to provide information and develop a programming network. We also hope that Parole Officers will connect with their local librarians to start a dialogue about programs and services to assist offenders returning home. In many cases there are community links on library websites to provide current community resource information needed by Parole/Reentry staff and the offenders. Many libraries have in place "job shops," résumé, computer and other classes available for returning offenders at no cost.



**From left to
right:**

**Janice Joslin,
KCIW**

**Donna Slaton,
GRCC**

**Anna Valentine,
KSR**

A small comment or show of effort on the part of staff can provide a new beginning for an offender.

My story is about an offender that has been in and out of trouble since he was a juvenile. He is a 57 year old male and we'll call him "Kane"



Robert Jenkins,
Reentry Coordinator

This offender is incarcerated on a twenty year sentence with a Florida interstate compact. Well, to make a long story short.....a couple of weeks ago, Kane approached me telling me that due to some things he was working on with the State of Florida (time calculations) there was a good possibility he might be going home any day. Although he had been "fighting for this" he stated he wasn't so sure he really wanted to be released. When I asked him what he meant by that he explained that he was "scared to death of the outside world" and that he had lost touch with all of his family and friends since his incarceration. This offender did not even know if his mother was still living nor did he know the current last name or location of his daughter.

We sat down together and began to brainstorm different avenues and options as far as family and friends that he might be able to contact. Kane was able to provide me a name of his sister and a possible location (city) of where she might be living. Through the use of the internet (Whitepages.com) I was able to find the correct address and phone number for his sister. He was provided a phone call which in turn opened up several more contacts..... the most important being his mother (who was still living) and information on his daughter. He left my office and told me he was going to attempt to contact these people that very evening. The next morning as I entered the yard, Kane stopped me and told me he had talked to his mother and she wanted him to live with her after his release. He also informed me that his mother owned a farm that he would one day inherit. Kane shook my hand and thanked me several times for helping him not just with finding a place to go, but for helping him reconnect with his family. He told me how wonderful it was to speak to his mother again as he had not seen or spoke to her since 1980. Kane commented to me how much better he felt about being released because of the help he had received. In fact he stated that he now had "peace of mind."

Rob is an excellent employee who has excelled in his role as reentry coordinator at GRCC. Rob demonstrates genuine concern and care in assisting and preparing the inmates for release. He, along with so many DOC employees, have eagerly embraced Kentucky's reentry initiatives which should yield many more success stories to come.

Warden Randy White





“Heal My Wounds, Leave My Scars”

by Rachel Goldstein and Robert Jenkins

In September of 2011, we had the pleasure of attending a conference in Cincinnati hosted by the International Community Corrections Association (ICCA). During this conference we met Lorraine Whoberry, who shared her story about an incredible tragedy that profoundly changed her life. When we sat down in the conference room to hear her presentation, we were unprepared for the emotional and powerful message that Ms. Whoberry would give.

Ms. Whoberry is the founder of the S.T.A.C.I.E. Foundation, which stands for Striving Towards Achieving Compassion, Intervention and Education. The Foundation was created after her daughters (Stacie and Kristie) were attacked by a stranger in their home. Stacie was murdered at the age of 16. Kristie, 14, survived the brutal attack. The attack left Lorraine and Kristie with permanent scars both emotional and physical.

During the hours, days, months, and years that followed the attack, Ms. Whoberry faced many challenges. Law enforcement and prosecutors were not properly trained to deal with Ms. Whoberry or her surviving daughter. Ms. Whoberry was treated as if her role in the horrific crime was inconsequential.

Years after the violence, Ms. Whoberry and her daughter forgave their attacker and prayed with him one night. The next day, the attacker was executed by the State.

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Lorraine Whoberry from the S.T.A.C.I.E. Foundation
during her visit to GRCC on October 17, 2011



“Heal My Wounds, Leave My Scars” is Ms. Whoberry’s passionate testimony about her journey from victim to forgiveness, spreading the message of accountability and hope. Ms. Whoberry gives talks through the S.T.A.C.I.E. Foundation to law enforcement personnel, prosecutors, judges, defense attorneys, and anyone else involved in the criminal justice system. She talks about the impact of victimization, and the need for anyone in the field of criminal justice to always remember the victim. Ms. Whoberry also speaks to inmates and offenders about accountability, hope, and forgiveness. Her foundation led to changes pertaining to victim/death notification, court date notification, and a revision to the Virginia Criminal Code-House Bill 913.

Ms. Whoberry went through the most horrifying ordeal imaginable and came out on the other side with an important message to share with all of us. On Monday, October 17, 2011, Lorraine traveled from Cincinnati, Ohio to the Green River Correctional Complex in Central City, KY. In front of a group of 80+ (approximately 10% of Green River’s population) incarcerated offenders, she shared her story. Her testimony produced many insightful questions from several of the attendees. Numerous tearful eyes indicated that she had changed many thoughts and hearts that night. “Heal My Wounds, Leave My Scars” left a lasting impression on both the staff and offenders that attended. She is also scheduled to speak to a group of about 100 parolees in the PORTAL program in Louisville, KY on January 20, 2012.

So often, we get completely caught up in the day-to-day details of our jobs, and we forget the impact of the crime on victims. Ms. Whoberry reminds us to continue to do our jobs with compassion, diligence, and respect.

For more information on the S.T.A.C.I.E. Foundation, please visit <http://staciefoundation.org/>



Lorraine Whoberry of the S.T.A.C.I.E. Foundation and Robert Jenkins , Reentry Coordinator for Green River Correctional Complex



Kentucky Reentry Councils

Meeting Locations and Times

<u>Reentry Group and Meeting Location</u>	<u>Meeting Dates and Times</u>
Northeast Kentucky Reentry Council First Christian Church 18 East Third Street Maysville, KY	1st Wednesday of each month 1:30 pm-3:30 pm
Northwest Kentucky Reentry Council Owensboro Regional Recovery 4301 Veach Road Owensboro, KY	2nd Wednesday of each month 1:30 pm-3:30 pm
Western Kentucky Reentry Council Kentucky Recovery Center 530 County Park Road Paducah, KY	2nd Thursday of each month 1:30 pm-3:30 pm
Southeast Kentucky Reentry Task Force Cumberland Valley Area Development District 342 Old Whitley road London, KY	3rd Tuesday of each month 1:30pm -3:30 pm
Southern Kentucky Reentry Council Barren River Area Development District 177 Graham Street Bowling Green, KY	3rd Wednesday of each month 11:00 am-1:00 pm
Central Kentucky Reentry Council Varies to Space Availability*	3rd Thursday of each month 9:00 am–1:00 am
Louisville Metro Reentry Task Force Stephen's Family Life Center 1508 West Kentucky Street Louisville, KY	4th Wednesday of each month 1:00 pm-3:00 pm
Bluegrass Reentry Council National College 2376 Sir Barton Way Lexington, KY	4th Thursday of each month 2:00 pm-4:00 pm
Eastern Kentucky Reentry Council Pike County Jail 172 Division Street Pikeville, KY	Date and time will vary*
Northern Kentucky Reentry Team Varies depending on space availability*	Varies * Contact staci.alder@ky.gov to be added to the meeting notice list.
*For those areas that do not list a time and place, please contact Glenn Minor at 502-290-2725 or www.kentuckyreentry.org	